

Staff Update

We have a few new members of staff to welcome to the team. We would like to welcome Erica to our reception team who joined us in March. Stella and Vanessa have both joined our administration team on a permanent basis after doing temporary work with us before.

We would also like to welcome Taha, our new Health Care Assistant, who started with us in May. Taha's clinics run on Thursdays and Fridays.

Congratulations go to Elisha, one of our receptionists who had a baby boy in April. We look forward to welcoming Elisha back to the team after her maternity leave.

Influenza Vaccination

Influenza Vaccination will be available from the beginning of October for all patients who:

- ♦ aged **65 or over**
- ♦ are **pregnant**
- ♦ have a serious **long-term health condition** such as: asthma, COPD, diabetes, heart disease, kidney disease
- ♦ are very **overweight** (BMI of 40 or above)
- ♦ are the main **carer** for an elderly or disabled person
- ♦ Children aged 2 and 3 on August 31 2018 – that is, children born between September 1 2014 and August 31 2016

Walk-In Clinics will be held in early October 2019

Please keep a look out for clinic dates.

An annual seasonal influenza vaccination provides the best protection against an unpredictable virus and we recommend all eligible patients attend for their vaccination. However, if you decide not to have the vaccination please let us know so we can enter this on your medical records. You can do so by **phone, email or letter.**

Minor Illnesses

Did you know that your local pharmacy could help if you or your child is unwell? Pharmacists can diagnose and treat many common illnesses such as coughs and colds, mild skin conditions, hay-fever and allergies, constipation, diarrhoea, vomiting and common aches and pains.

Visit your local pharmacy or find your closest here: www.nhs.uk/find-a-pharmacy

Telephone Triage

If you request a call from the doctor, please ensure you are available to answer their call. Missed calls wastes time for GPs, staff and patients. Remember that the surgery will appear as 'Withheld' or 'Private' Number. Please help us to help you.

8am-8pm Service

You can now book GP and NURSE appointments in the EVENINGS (Monday - Friday 6:30pm-8pm) and WEEKENDS (Saturday & Sunday 8am-8pm) at one of our local HUB practices. To book, contact reception or call the 8-8 Call Centre: 020 8208 6901 (18.30-20.00 weekdays and 8.00-20.00 weekends)

Primary Care Networks

You may have become aware that practices across England are now working in Primary Care Networks (PCNs). PCNs are groups of practices who will work together to help focus services around the communities they serve. East Finchley Medical Practice has joined with 15 other practices in the borough of Barnet, across the Barnet, Whetstone and Finchley areas to form Barnet PCN3. The PCN will work over the coming months and years to develop local services and recruit health professionals to support quality improvement projects across all the practices' the population groups.

Our patients can already expect to receive the benefit of Extended Hours Services which will provide Practice Nurse and Health Care Assistant appointments at evenings and weekends. These will be held at our local Hub practice, Woodlands Medical Practice and can be booked through our reception team or the Barnet Federated GPs Call Centre: 020 8208 6901 (18.30-20.00 weekdays and 8.00-20.00 weekends)